



It's time to fully step into the light of your new reality and shine as only you can! Embrace the possibilities!!

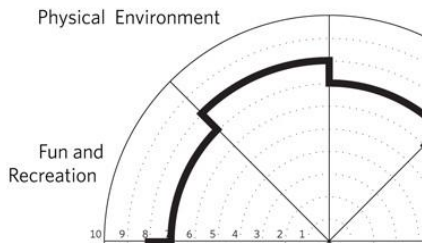
Now that you've discovered how to create, and communicate your brand at work, navigate the emotional gaps of building a branded, invested team and finding the confidence to step fully into your vision at work, it's time to identify areas of your life where you can apply your brand to make your life even richer and more fulfilling! Below is a wheel of life. You may have seen it before. Each quarter, choose one area of your life where you will embody your brand to create your vision!

Wheel of Life

This wheel contains eight sections that together represent one way of describing a whole life. This exercise measures your level of satisfaction in these areas on the day you work through this exercise.

Taking the center of the wheel as 0 and the outer edge as an ideal 10, rate your level of satisfaction with each life area by drawing a curved line along that level of satisfaction.

Example



How bumpy would the ride be if this were a real wheel?
Let's look at areas where you'd like to improve your level of satisfaction.

